

Lito Parissi

Artist CV | Textiles, material research & spatial practice
Athens, Greece / Working internationally
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ARTISTIC PRACTICE & RESEARCH

Multidisciplinary creative based in Athens, working across textiles, objects, analogue photography and spatial experiences. My emerging artistic research considers how fabric alters space and holds bodily memory, alongside the labour, repeated gestures and material decisions behind its making.

2026 | **The Ground Was Never Finished - research in development**

A chapter of *Safely Travelling Through Chaos* exploring textiles, bodily memory and portable belonging. Existing work includes film photographs and an A3 oil-pastel study made in Tunisia. Proposed research combines learning with makers, photographic collage, joined remnants and translucent textile studies; *Soft Listening* informs sensory attention and exchange.

SELECTED DESIGN, SCENOGRAPHY & ARTISTIC COLLABORATIONS

Work developed through Crini & Sophia during 2021-2026; individual contributions described below.

Textile collections | Crini & Sophia

Development across all textile collections during my time at the brand, including material sourcing, sampling and coordination with workshops and producers.

Silk-thread pieces & collective practice

Developed unique pieces with a women's collective, drawing on memories of the sea and shells along Greek shores. Also developed custom embroidered pieces with Aitaro Collective, Lefkada.

Crini & Sophia × Soutzoglou | Art Rug Collection

Contributed to concept, pattern and colour development, sampling and production coordination for five hand-tufted wool rugs made in India for interiors in Antiparos.

Cabana Magazine × Crini & Sophia

Material and colour development for embroidered textiles; artisan coordination through sampling and production.

Museum of Cycladic Art Gala | Wallace Collection, London

Bespoke tablecloth development responding to Fragonard's *The Swing*, including colour, scale, material specifications and producer coordination.

Laguna B | Glass design

Contributed to glass design in collaboration with Laguna B through Crini & Sophia.

Watercolour-to-tableware collaboration | Aegean hospitality project

Worked with a painter in Paris to adapt her watercolour paintings into a collection of plates for a hospitality project comprising five villas in the Aegean.

Laura Schnabel | Bespoke plates for a private gala dinner

Adapted Laura Schnabel's paintings into a series of five plates for a private gala dinner.

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COLLABORATIONS / SCENOGRAPHY & SPACE

Christmas & New Year scenography | Psychiko, Athens

Worked with Nema and the Benaki Museum alongside Virginia Matseli to transform an empty 1970s house. Handmade tree decorations, floral and mantel arrangements, and styling of Oikos furniture with Crini & Sophia tableware.

Lunar Dinner & Hay Dinner | Large-scale dining environments

Initial creative concepts and art direction for dinner events with 150+ invited guests, shaping a lunar atmosphere for Lunar Dinner and an immersive setting for eating among hay for Hay Dinner. Developed each gathering as a spatial experience through atmosphere and scenography.

PROFESSIONAL & PARTICIPATORY EXPERIENCE

2021-2026 | Crini & Sophia

Textile and object development, creative direction and production. Worked with seamstresses, artisans and factories on sourcing, patterns, sampling, quality review and material reuse.

2017-2022 | Creative & Cultural Educator

Developed workshops and collaborative projects for UNICEF, ELIX Learning Center and ZUPdeCO, focused on storytelling, visual communication and participatory creative practice.

2020-2021 | Chamomile Project NGO, Athens

Cultural communication and programme coordination; intercultural programmes and partnerships across creative and educational settings.

EDUCATION

2019 | MA International Relations and Professional Human Resources, Université Paris Cité.

2017 | BA Sociology, Anthropology, History and Economics, Université Paris Cité.

2012-2013 | Film Theory and Production studies, AUTH School of Film.

LANGUAGES & METHODS

Greek, English, French. Textile sampling and material sourcing; analogue photography; photographic collage; Adobe Photoshop and Illustrator; Figma.